



## Social Inclusion

### ADDITIONAL RESOURCES

#### An Inclusion Lens

A workbook for looking at social and economic exclusion and inclusion.

[www.phac-aspc.gc.ca/canada/regions/atlantic/pdf/inclusion\\_lens-E.pdf](http://www.phac-aspc.gc.ca/canada/regions/atlantic/pdf/inclusion_lens-E.pdf)

#### Everybody's Welcome

A social inclusion approach to program planning and development for recreation and parks services.

[www.sparc.bc.ca/resources-and-publications/category/53/social-inclusion](http://www.sparc.bc.ca/resources-and-publications/category/53/social-inclusion)

#### Leisure Access

Enhancing recreation opportunities for those living in poverty.

[www.lin.ca/resource-details/4091](http://www.lin.ca/resource-details/4091)

#### The Role of Recreation in Promoting Social Inclusion

A discussion paper providing perspectives on social inclusion.

[www.laidlawfdn.org/cms/file/children/donnelly.pdf](http://www.laidlawfdn.org/cms/file/children/donnelly.pdf)

#### Turning the Tide

A toolkit to support communities in acting on inequality to help reduce chronic disease.

[www.phac-aspc.gc.ca/canada/regions/atlantic/Publications/Tool\\_kit/Tool\\_kit.pdf](http://www.phac-aspc.gc.ca/canada/regions/atlantic/Publications/Tool_kit/Tool_kit.pdf)

### PRINT RESOURCES

#### Everybody gets to play™ Toolkit (BCRPA/ Parks and Recreation/ Recreation)

A community mobilization toolkit for removing barriers to recreation for low income children and families. Available at [www.bcrpa.bc.ca](http://www.bcrpa.bc.ca)

#### Culturally Responsive Recreation Services Kit (BCRPA/Publications)

A training tool for municipalities to ensure that recreation services are responsive to the increasing cultural diversity in their communities. Available at [www.bcrpa.bc.ca](http://www.bcrpa.bc.ca)

#### Multicultural Resource Kit for Recreation and Sport Professionals (BCRPA/Publications)

This kit can help improve communications across cultures and presents strategies for reaching out to the diverse ethnic and cultural groups in the community. Available at [www.bcrpa.bc.ca](http://www.bcrpa.bc.ca)



A joint initiative of  
BC Recreation and Parks  
Association and the Heart  
and Stroke Foundation of  
BC & Yukon.



ActNowBC.ca

An initiative of these  
BC Healthy Living Alliance  
members



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Cancer  
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HEART &  
STROKE  
FOUNDATION  
OF BC & YUKON



