



Determinants of Health



A joint initiative of
BC Recreation and Parks
Association and the Heart
and Stroke Foundation of
BC & Yukon.



ActNowBC.ca

An initiative of these
BC Healthy Living Alliance
members



Canadian
Cancer
Society
BRITISH COLUMBIA AND YUKON



HEART &
STROKE
FOUNDATION
OF BC & YUKON



What Determines Health? (Public Health Agency of Canada website)

This website provides a comprehensive overview about determinants of health and how individual choices about health are influenced by many factors.

► www.phac-aspc.gc.ca/ph-sp/determinants

Turning the Tide: Why Acting on Inequity Can Help Reduce Chronic Disease

This toolkit provides additional suggestions for slides and speaking notes that may be included in a presentation.

► www.phac-aspc.gc.ca/canada/regions/atlantic/Publications/Tides_of_change/Tool_kit.pdf

Health Inequities in British Columbia

This discussion paper provides information about determinants of health in the BC and makes the case for addressing health inequities.

► www.bchealthyliving.ca/files/HOC_Inequities_Report.pdf

Alberta Centre for Active Living

This website provides a number of documents for download that provide background and research on determinants of health, particularly as they relate to active living.

- Beyond Exercise Prescription to Advocating for Active Living
 - www.centre4activeliving.ca/publications/wellspring/2003/Winter/BeyondExercise.html
- Prosper and Live Long: The Next Generation of the Health-Determinants Approach to Health and Physical Activity

► http://www.centre4activeliving.ca/about/pop_health_approach/ProsperAndLiveLongReport.pdf

Unnatural Causes: Is Inequality Making Us Sick?

This interactive website is based on the American context, but provides a toolkit with great ideas for activities and discussions about determinants of health.

► www.unnaturalcauses.org

Closing the gap in a generation: Health equity through action on the social determinants of health

This document produced by the World Health Organization makes the case that health inequities may be minimized by improving daily living conditions, addressing systemic barriers and raising awareness about determinants of health.

► http://www.who.int/hq/2008/WHO_IER_CSDH_08.1_eng.pdf

