

Being physically active is important for a healthy, happy life. Being active can be as simple as getting out there and trying something new.

The Powell River Disability Sport Club has just received sport wheelchairs, providing our community with the opportunity to learn wheelchair sports. Anyone can participate. Those interested should contact **Justine** at **604-485-2688** and visit **prdsc.org** for regular updates and more information.

ACTIVE IS Accessible!