



ACTIVE IS
WHAT YOU
MAKE IT

**SPRING ACTIVE AT
THE FITNESS ROOM
Lobelco Hall**

BELLY DANCE

Intro Workshop

Please Note Date Change

Tuesday, May 19

&

Thursday, May, 21

7 – 8 PM \$5

For Information call: KC at 250-799-5984



Finding answers. For life.

from ActNow BC .”

“The Community Based Awareness Initiative, a joint initiative of the BC Recreation & Parks Association and the Heart & Stroke Foundation of BC & Yukon . Funding is being provided by the BC Healthy Living Alliance, with support

